

## Sudene Powlette video transcript

I am Sudene Powlette.

I love to spend time with my kids, taking them, especially on my birthday, to the cinema, to spend the time, the quality time with them. It makes me feel so good and happy. That's my happiest moment.

I want to help people out there, which hasn't got the help from their family, if they are not here, or if they think there's no one there to help them.

I wanted to change my whole life and said, "You know what, I'm going to do my job that I'm doing now as Adult Support Worker, because I was giving them something more".

You won't go to work and everything is smooth, because you've got different people, different condition, so you always got a challenge every day, but it's just you the person know how to deal with that challenge.

Sometimes when I'm off work, I miss them. I really do.

When I come back to work, I'm so happy to see them. It makes you happy and I think the way you interact with them, as well, it makes them happy and then makes them feel appreciated that they're here.

When I'm working, I work from my heart. I have my boundaries, but I work because I make a difference and I work because I've got a mum who's 72 years old and I would love if she go to a home, the staff team treat her the same.

This is why when I'm working, I treat every, every resident exactly the same like how I'd want them to treat my family.

It touch you the staff, because you make the difference for them.

For me, I love this job more than anything else. I don't think I could change, because I'm making a difference in people's lives.